

# How Does Your Practice Measure Up?

## Critical Components of a Principled OT Practice

College of Occupational Therapists of Ontario

The following statements are intended to highlight some of the critical components of a principled OT practice. It is not intended as an inclusive list but rather an exercise to raise your awareness. Consider each statement and note those items that apply to you in light of each client intervention.

### Screening

1. I clarify the parameters of the referral with the referral source and the client.
2. I examine my own professional competency related to the scope of the referral.
3. I consider if I have any potential conflict of interest.

### Initiating Service

1. I identify my primary clients and relevant stakeholders and manage any conflicting interests.
2. I clarify my role with each of my clients and disclose any potential resource limitations.
3. I ensure and clarify that I have informed consent from each client.

### Assessment and Intervention

1. I am aware of my rationale for all interventions.
2. I attempt to base my interventions on current evidence and best practice information.
3. I provide each client with sufficient information to remain informed and involved in the process.
4. I receive appropriate delegation for any controlled acts I perform.
5. I only assign those activities that are appropriate for someone else to carry out.
6. I refer each client on to other services when necessary.

### Discharge

I share my recommendations and findings with each client.

### Documentation

1. My records are an accurate reflection of my interaction with each client including any limitations.
2. My records include justification for my recommendations and actions.
3. I release my reports based on consent and direction from each client.

### Administration

1. I advise each client of all applicable fees prior to providing service.
2. I only include factual, verifiable information when advertising my practice.
3. I ensure my equipment is safe and maintained according to manufacturer specifications.

**Note: These statements are reflective of key components of principled practice. If you find that you do not apply some or many of these items, then you may want to consider how you can change your practice. Details about each of these items can be found in your Registrant Resource Binder or you may call the College for further information.**



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