


# You deserve care you can trust



**Occupational therapists work with  
people of all ages and all abilities.**

Every child develops and learns in their own way. Understanding who's qualified to support them matters. Here's what you can expect from a registered occupational therapist in Ontario.

 1-800-890-6570

 [info@coto.org](mailto:info@coto.org)

 [coto.org/ot](http://coto.org/ot)

**COTO**

College of Occupational Therapists of Ontario

Regulator of occupational therapists in Ontario



# Occupational therapists help people of all ages take part in activities that matter to them.

**Sometimes people need help to build or regain skills.** Occupational therapists work with them to do that, from getting dressed to learning and playing. **They might suggest ways to make things easier, by adjusting a room or routine, or using simple tools and equipment.** That helps people do everyday tasks safely and on their own, whether at home, school or work.



In Ontario, occupational therapists are regulated health professionals. They must follow standards and deliver safe, ethical and quality care.

**Questions? Please contact us. We can help.** You can also check the List of Registered Occupational Therapists online to confirm a therapist is registered.



Find out how regulation supports safe and ethical care.

**Visit [coto.org/ot](https://coto.org/ot) for more detailed information**



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